Dear Parents,

Welcome to Little Sunshine House. The following will give you information about our Preschool program. I also strongly encourage you to visit our website and read through the preschool parent handbook.

Little Sunshine House CDC provides an educational program designed to meet the needs of the whole child. This program is based on the knowledge that young children are active learners involved in a process that uses all their senses as they work and play with people and materials. Lead Teachers plan and arrange stimulating learning environments which are appropriate for the different developmental stages of a child’s life.

Our Preschool classroom is for children ages 2/2.6-5 years. Weekly lesson plans are posted in the individual classes. There you will find Provocational questions planned for the week. As we base our curriculum around the children’s interest, these questions may change daily. There are weekly documentations clipboards posted near the weekly lesson plans. Please refer to those to stay updated on what is happening with your children inside the classroom.

***“If it hasn’t been in the hand and the body it can’t be in the brain” - Bev Bos.***

This quote is practiced everyday throughout our classroom. Before a child can pick up a pencil and start writing, they must first develop their finger muscles and their pincher grasp. We continue doing this by working hands on in mud, clay, large motor activities and fine motor activities. Our objective is to further enhance the knowledge of the child’s surroundings

Since Covid -19 we here in the preschool room also balances changes and ideals with new health and safety concerns. We do this by allowing lots of space for our students to explore on their own, staggering drop-off/pick-up times, wearing face masks (or other protective barriers) when appropriate, and other protective measures for staff, students, and families. We are also continuing our school’s long-standing policies of frequent hand washing, sanitized toys throughout the day, health checks, and other necessary cleaning and sanitation practices. The balance between safety and developmentally appropriate play is tricky these days, but we strive to walk that line successfully every day.

We ask families to bring two - three changes of clothes and extra shoes as many of the activities are messy. We also ask that the clothes be weather appropriate. During the summer, we will send out reminders for swim wear.

If your child is not yet Toilet Learned, we would like you to know we will work with you when you and your child are both ready to start the process.

We celebrate birthdays with the birthday song and 24 Outshine brand popsicles provided by the child’s family.

If you have any further questions or concerns, please don’t hesitate to ask.

-LSH Preschool Staff

Preschool Flow of the Day

7:30 AM – 8:30 AM Choice of Inside play

8:30 AM – 10:30 AM Outdoor Classroom Experiences

9:45 AM -10:15 AM Morning Snack Available

10:30 AM – 12:00 PM Indoor Classroom Experiences. Children reflect on their experiences. music, stories books Etc.…

12:00 P.M -12:45 P.M Lunch available, Choice of Play Outside, AM children departure

12:45 PM – 3:00 PM – Prepare for rest time, read quietly. Children encouraged to rest for 45 minutes. Children still awake will be taken outside. Children allowed to sleep until they wake on their own or until 3:00 PM when teacher gentle wakes children.

3:00 PM – 4:00 PM Outside Classroom Experience

3:00 PM – 3:45 PM Afternoon Snack Available

4:30 PM – 5:30 PM – Choice of Play Inside/ Inside Experiences, Full Day Children Departure.

During your child’s transition to their classroom we kindly ask for you to drop your child off before 10:30 AM. This will allow for a teacher to be available to assist in a new goodbye routine. As noted in the flow of the day above, the children begin their indoor experiences at 10:30 AM in which the teachers are engaged in the activities alongside the children and it becomes difficult to step out of those activities once involved.